

AMEND BOARD REPORT 12-1114-PO1

ADOPT A NEW HEALTHY SNACK AND BEVERAGE POLICY

THE CHIEF EXECUTIVE OFFICER RECOMMENDS:

That the Board rescind amend Board Report 04-0623-PO1 12-1114-PO1 and adopt new Healthy Snack and Beverage Policy.

PURPOSE: The purpose of this policy is to establish nutrition standards, requirements and recommendations for foods and beverages sold, provided or served to students at school that compete with food provided under the National School Lunch Program (NSLP), National School Breakfast Program

Food Nutritional Criteria: All competitive foods available for purchase by students must meet all

of the following nutritional criteria:

1. Food shall contain no more than 35% of total calories from fat per serving, (with the exception of nuts, seeds, nut butters, fruits or vegetables);
2. Food shall contain zero trans fat (≤ 0.5 g per serving);
3. Food shall have 10% or less of its total calories from saturated fat;

Food shall have 25% or less of its weight from total sugars, excluding sugars occurring naturally in

2. *Milk Requirements:*

- a. All milk, flavored milk and milk substitute products shall:
 - i. Be low fat (1%) or skim (fat free) milk,
 - ii. Contain Vitamins A and D, and
 - iii. Be As in containers not to exceed 8 ounces unless

- b. Flavored milk shall be non-fat and contain no more than 22 grams total sugars per 8 ounces.
- c. Soy and rice milk substitute drinks shall be calcium and vitamin fortified, and shall be low-fat

and total sugars shall not exceed contain no more than 22 grams total sugars per 8 ounces.

- 3. *Water Requirements:* Drinking water, whether provided in bottles, dispensers or water fountains

2. *Snack Vending Machine Placement*

a. *Elementary or Middle Schools:* Snack vending machines may not be placed anywhere in

hours. Such machines are, however, permitted in areas restricted to students such as the teachers' lounge. If a snack machine is located in a school's common area and cannot be re-located to a restricted area, the

1 _____ Celebrations: Principals, school staff, parents/guardians, students, and before and after school _____

ALL INFORMATION CONTAINED HEREIN IS UNCLASSIFIED

